

The Center for Fostering Success Best Practice, Best Fit Webinar Series

Discovery Driven Solutions Related to Educational Attainment for Students from Foster Care



An initiative of WESTERN MICHIGAN UNIVERSITY

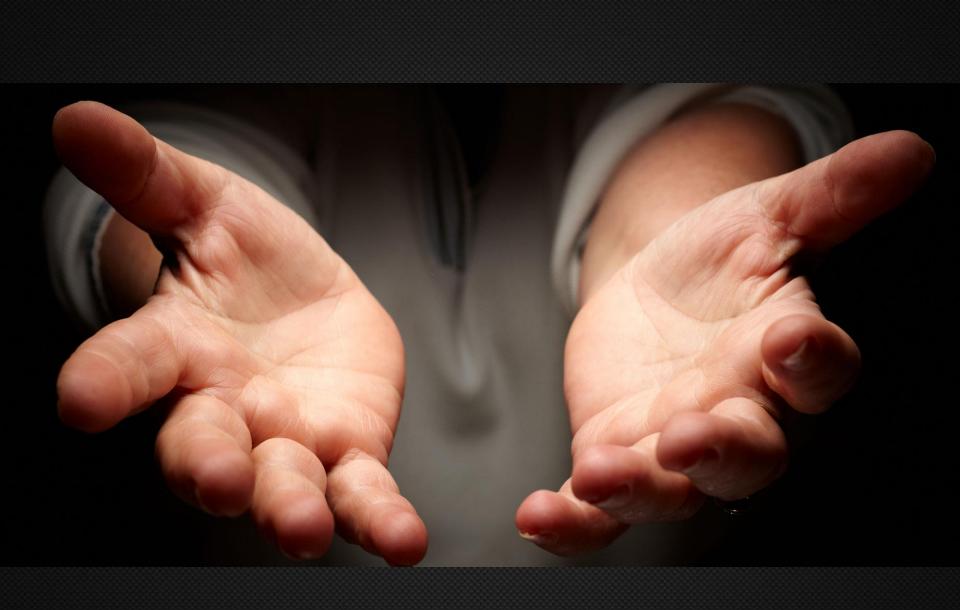


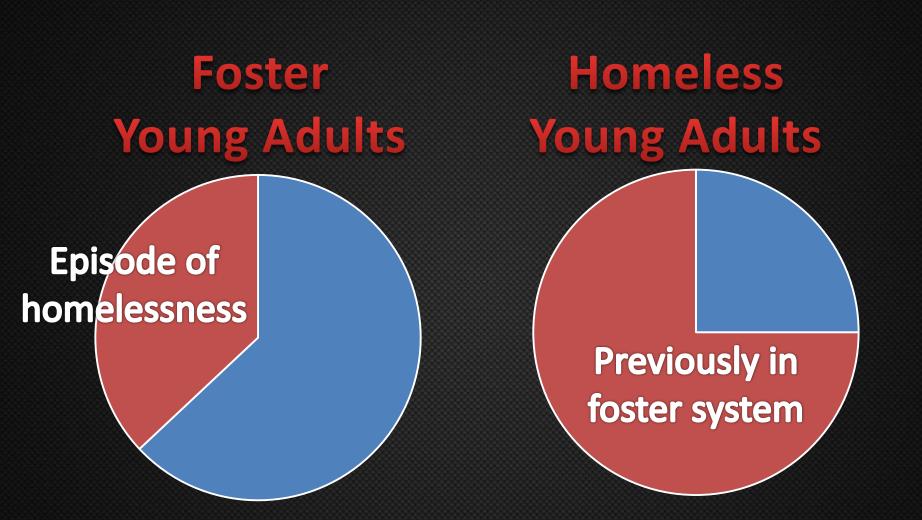


Compassionate Communication

A participatory action research study with homeless young adults

Tim Huffman Assistant Professor, Loyola Marymount University





community-based participatory qualitative research

Tim Huffman, Loyola Marymount University

	Positive	Negative
Helpful	 Real food, Celebrate success, Funny, Reasonable expectations, Ordinary interactions, Give a shit, Interactions to look forward to, Calm, collecting of information, Listened intently, Help with bureaucracy, Homework, Food handlers card, Confidence building, Professional development 	High expectations Disproving doubters Detailed intake
Unhelpful	Policy conversations Interaction with other clients	Pisses me off, Insulting, False accusations, Unwelcoming, Judged because of friends, Demotivation, No comfort zone, Being preached at

Communication received poorly well Smiling Repetitive **Remembering names** Just there for a paycheck Eye contact Staring at the **Following up** computer Willing to suffer with Disrespectful/rude Noticing something

Tim Huffman, Arizona State University

huffman2@gmail.com

is wrong

presence indicates Care

Tim Huffman, Loyola Marymount University

"They keep showing up don't they darn it?! They come here, they work here. If they keep showing up, they care. And that's what counts to me. Seriously.

- Amber

Tim Huffman, Loyola Marymount University

"They wouldn't be there if they didn't give a shit."

- Elliot

Tim Huffman, Loyola Marymount University

"To me, its time. You can give me stuff, and that's nice. But if you spend five minutes with me, I'll remember you forever."

- Tracy

Tim Huffman, Loyola Marymount University

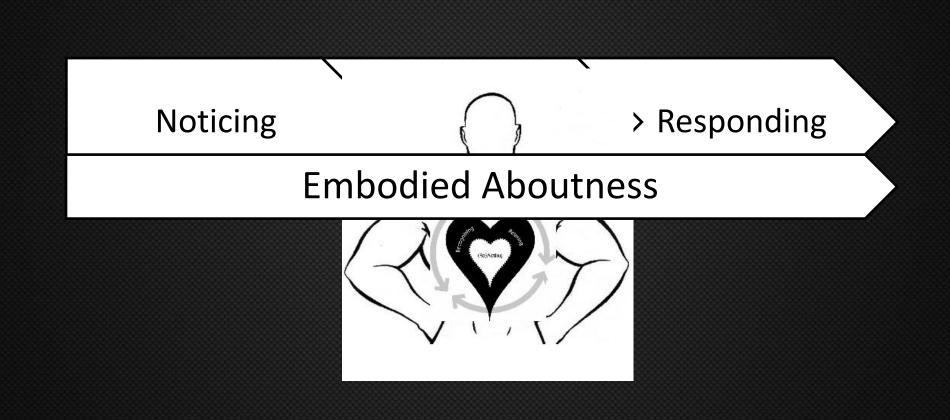
"The volunteers stand in a 100-degree kitchen and cook bacon, pancakes, and eggs for two hours. And then maybe another hour later they go back into that same 100-degree kitchen and make lunch. If that's not compassion, then what is?"

- CJ

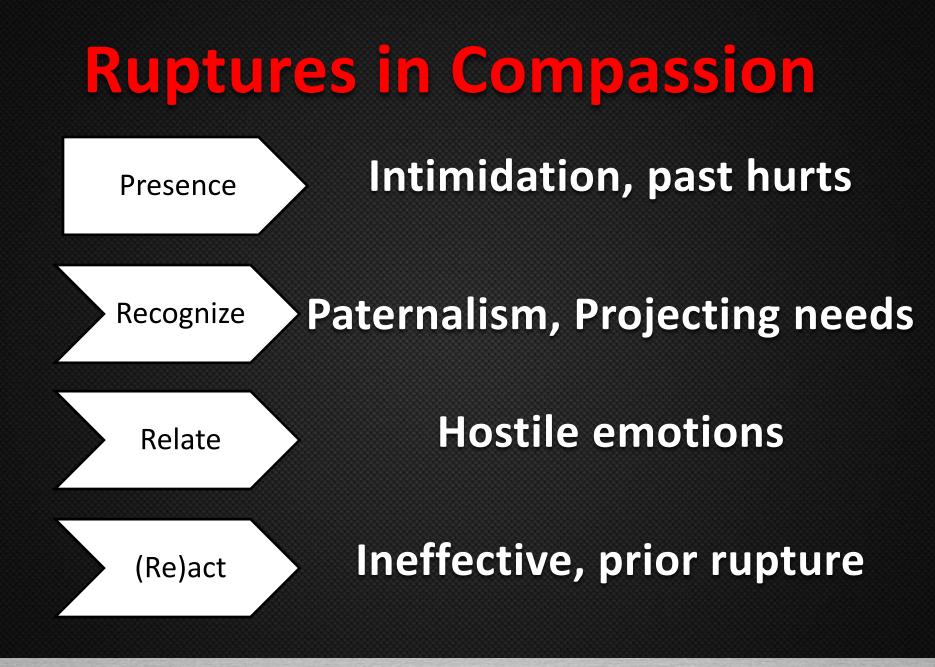
Tim Huffman, Loyola Marymount University

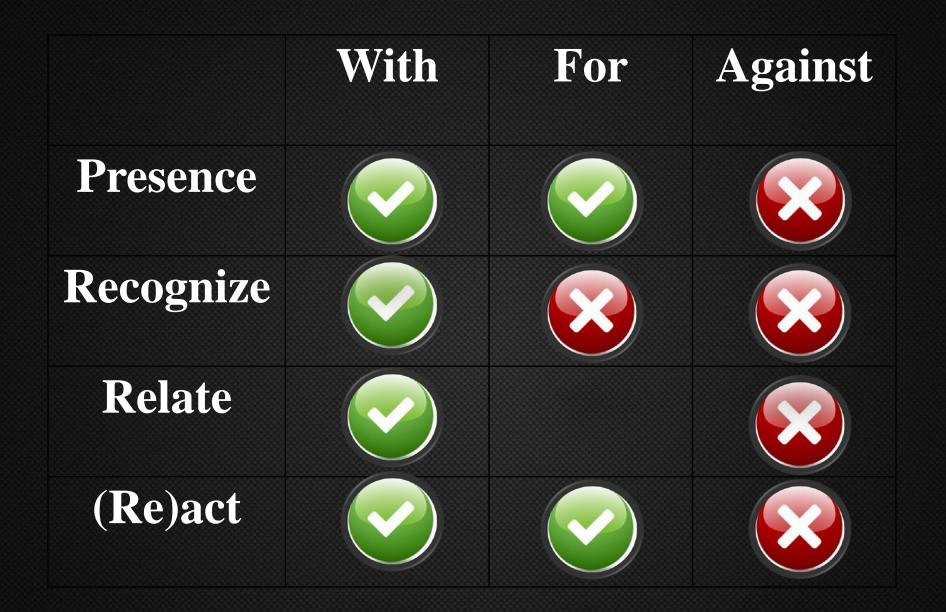
embodied aboutness physical presence and immediacy or acts of service

Tim Huffman, Loyola Marymount University



Tim Huffman, Arizona State University





care

community

growth/healing

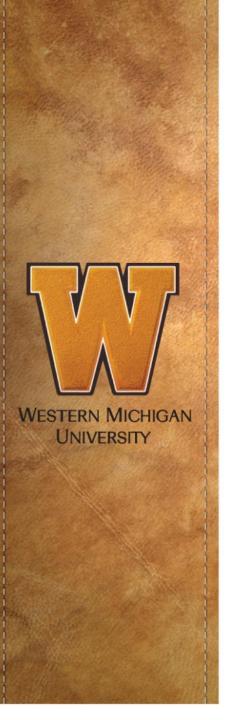
wellbeing

Tim Huffman, Loyola Marymount University



PRACTICE COMPASSION

Tim Huffman, Loyola Marymount University



Thank you for attending! The Center for Fostering Success **Best Practice, Best Fit** Webinar Series

Visit <u>www.fosteringsuccessmichigan.com</u> for more information about upcoming webinars or to access a recording of today's webinar.

If you have a research study that you are interested in presenting via this series, please contact Dr. Yvonne Unrau, Director of the Center for Fostering Success at <u>Yvonne.Unrau@wmich.edu</u> with your ideas.



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