

Student Summit – Identity

Development: Effective Story Telling

3rd Annual FSM Summit – May 16th, 2014



Introduction – Introduce yourself!

1. Name
2. Age
3. Year in School
4. Favorite Breakfast Cereal/Breakfast Food

Ground Rules

- Everything said is to remain confidential
- You have the choice to share what you want (or don't want)
- No 'war-story' telling
- Honor the group and be considerate of everyone
- Remain present
- No side bar conversations
- **Have fun and be creative**

Objectives of the Student Summit

- We want you to leave here with the feeling that your whole self is acknowledged, not just your foster care experience.
- We want you to identify at least one goal for the future.
- We want you to participate in effective storytelling through a collective poem, structured storytelling in small groups, use one of the three mediums provided, and reflect on the story of us as a large group.
- We want you to understand that you are the authors of your own story and to “peel back the label of foster kid.”

Story of Self

The story of self is a way to effectively share your story in a way that is focused. You will be able to briefly outline the journey of your life focusing on the past, present and future.

You will have 5 minutes to work individually to think about the questions below. Once the time is up, in your small groups (no more than 5 people) – you will each have the opportunity to share your story of self, but you only have 2 minutes! After the time is up, you will have to stop and the next person will share their story.

The idea is to tell your story in a thoughtful and structured way. Use the lines below to organize and write out your thoughts.

(Past) Where have you been?

(Present) Where are you?

(Future) Where are you going?

Group discussion – no more than 15 minutes

1. What were some common themes among everyone's story of self in the group?
2. What were some experiences that were outside of the foster care experience?
3. How does hearing other student's stories affect you?

Story of Now

Storytelling through using three creative mediums – you have the choice of picking between creatively writing your story, drawing your story, or by using magazine cut outs to create a collage. You will each be given a piece of card stock for you to tell your story of now.

Having trouble thinking of current challenge? You can use the Casey Family Programs 7 life domains framework.



Story of Now - Continued

Use the following questions to share your story of now:

(Beginning) What is a current challenge you are facing?

(Middle) What is your goal or values to overcome this challenge?

(End) What is your ideal outcome to this challenge?

When you are finished, please display your work along the wall. When everyone is finished, we will all take a few moments to review the collective work and come up with common themes.

Story of Us

Large group discussion and closing

What values and experiences do we share as a community that make us understand one another and act together toward common goals?

What's your "1 Thing?"

After being an active participant in this year's student summit, what is your "1 Thing" that you will do to help transform your life? Or, think about what is your individual goal to targeting your ideal future? Your goal can be your "1 Thing"
